

# 01 Family Discussion Guide

## Have a Moving Conversation

Talking to Your Aging Loved Ones about Housing

1. Have you thought about where you want to live as you age?
2. Are you planning to age at home or live in a senior housing community?
3. Where would be most comfortable as you age and what sort of support do you need to make that possible?
4. Will skilled, around-the-clock care be needed soon?
5. Will memory care be necessary at some point?
6. What would be conditions you agree would mean you can no longer live independently at home?
7. Are you looking for options for a married couple with different needs?
8. What can you afford?
9. Do other decisions need to be made to move forward, like selling a home, setting up Power of Attorney or determining a healthcare directive?
10. What help will be needed with these steps?



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## A New Place to Call Home

Researching Senior Housing Options

1. What are the services you need?
2. What are the amenities you want?
3. What are the services provided and amenities offered by different housing options?
4. Are in-home care services available, if needed, as well as access to convenient and affordable transportation and home-delivered meals?
5. How much do various housing options cost?
6. Are costs covered by private insurance or public programs?
7. Is there a waiting list for the option of your choice?
8. Can you wait or do you need more care or support now?



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