So what are we going to do about it?

Face it, Minnesota. We’re Getting Old.

In just three years, there will be 1 million seniors living in Minnesota.

At least 70% of Minnesotans who turned 65 in 2017 are expected to use long-term care services at some point.

Minnesota will need at least 25,000 additional professional caregivers over the next decade to support our rapidly growing aging population.

60,000

Minnesotans turn 65 this year, next year and every year through 2030.

Soon 25% of our adult population will be 65+

So what are we going to do about it?

It’s going to take all of us working together to prepare Minnesota to meet the needs of our rapidly aging population.

To learn more, visit www.faceagingmn.org.

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Principle 1: All Minnesota seniors deserve high quality care, housing and support services as they grow older. Encourage a broad range of services that support seniors as they age and address the economic, geographic and cultural distinctions of Minnesota’s senior population, and their caregivers.

Principle 2: We are all in this together. Caring for one million seniors requires a strong partnership between our seniors, their families, their communities, professional caregivers and the State of Minnesota.

Principle 3: We all prosper when seniors stay in their communities. State strategies should encourage the best choices for seniors who seek to age in place for as long as possible, connected to their communities and their families.

Principle 4: Caregiving is a valued career – let’s help our professionals succeed in the jobs they love. Professional senior care is a critically essential and profoundly rewarding career — we all benefit when senior caregivers have just compensation and opportunities for continuing education and career advancement.

Principle 5: With more than 1 million seniors, we will need to be bold and innovative. Seek efficient ways to deliver quality care and manage costs through innovation and helping seniors age at home for as long as possible with the right support.

Seniors are the fastest growing segment of Minnesota’s population. Senior care and service issues matter to them, their families and their caregivers. The Face Aging Principles provide guidelines for policymakers who want to help Minnesota seniors age well.